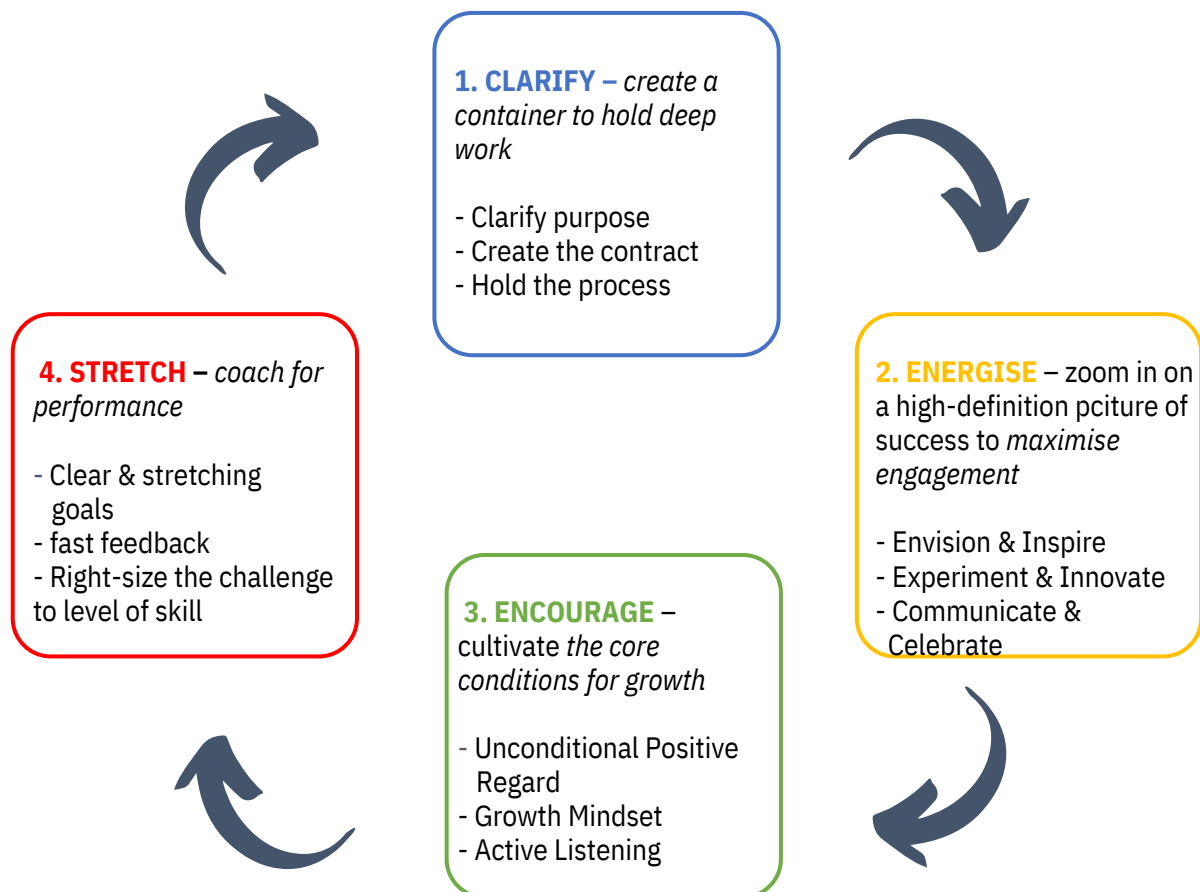


## CEES® Coaching Model

The CEES® Coaching Model helps to clarify, energise, encourage and stretch those we are coaching. It also enhances our self-awareness of how we may need to flex and adapt to best serve the coachee and the coaching partnership to generate new insights (best thinking) and achieve progress towards milestones that matter (best action).



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